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| **Time** | **Activity** | **Mondays x 4**  **From 26/07** | **Tuesdays x 4**  **From 27/07** | **Wednesdays x 4**  **From 28/07** | **Thursdays x 4**  **29/07**  **Trips** | **Friday**  **30/07** |
| **9:45-10am** | **Sign in 7-11yrs** | | | | | |
| **10-10:30am** | **Breakfast** | | | | | |
| **10:30-11:30am** | **Sports Activity** | Bubble 1 | Bubble 1 | Bubble 1 | **Trips** | Bubble 1 |
| **Arts & Crafts** | Bubble 2 | Bubble 2 | Bubble 2 | Bubble 2 |
| **11:45-12:45pm** | **Sports Activity** | Bubble 2 | Bubble 2 | Bubble 2 | Bubble 2 |
| **Arts and Crafts** | Bubble 1 | Bubble 1 | Bubble 1 | Bubble 1 |
| **12:45-1:30pm** | **Lunch & Sign Out 7-11yrs** | | | | | |
| **1:45-2pm** | **Sign In 12-16yrs** | | | | | |
| **2:00-3:00pm** | **Sports Activity** | Bubble 1 | Bubble 1 | Bubble 1 | **Trips** | Bubble 1 |
| **Life skills** | Bubble 2 | Bubble 2 | Bubble 2 | Bubble 2 |
| **3:15-4:15pm** | **Sports Activity** | Bubble 2 | Bubble 2 | Bubble 2 | Bubble 2 |
| **Life skills** | Bubble 1 | Bubble 1 | Bubble 1 | Bubble 1 |
| **4:15-4:45pm** | **Lunch & Sign out** | | | | | |

* Arts and Crafts will include: Slime making, hemma beads, making tie dye t-shirts, making sushi, making wax melts, paper Mache, making rice crispy treats/ healthy ice lollies, making scrubs & creams, nail painting, face painting
* Sports activities include: football, boxing, dance, kick rounder’s, dodgeball, park trip, water fight
* Please note there is a 15min change over between activities, this is to be used for cleaning equipment and washing hands.
* There is a 45 min lunch time break which will include washing hands and cleaning equipment.
* Each group will be in a bubble, it’s important that this doesn’t change.
* Individuals who do not adhere to the rules will be asked to leave.
* Trips will include Lee Valley Water Park, London Zoo, seaside and an amusement park