



Free  
Healthy, Tasty  
Snacks



Fun, Active  
Games

# Change4Life Clubs

Free four-week club programme with food and fun  
physical activities for children and families!

at **Wiltshire Close Venture Playground**  
Wiltshire Close, Chelsea, SW3 2NS

Every Tuesday from 3<sup>rd</sup> to 24<sup>th</sup> August

**Kids' Club**

**Ages 5-11**

with a parent or carer

2.30 – 3.30pm

**Young People's Club**

**Ages 11-19**

(up to 25 with SEND)

4.30 – 5.30pm



Tips and Activities  
for Healthier  
Eating



Free and fun for  
all the family

**Register Now!**

Online:  
[www.family-action.org.uk/  
change4lifeservice](http://www.family-action.org.uk/change4lifeservice)

By Phone:  
020 8960 0744

Or scan here



Find out more about free Change4Life clubs and family coaching at  
[www.family-action.org/change4lifeservice](http://www.family-action.org/change4lifeservice)